

Eastmont Smiles







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# Eastmont Focus Alejandra Prado

By Matthew Ockinga *Staff writer* 

Sometimes gems just need a little polishing to shine their brightest.

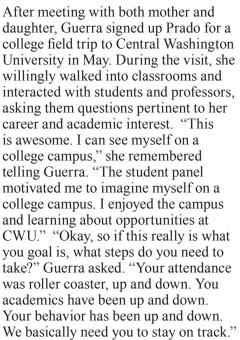
But GEAR UP (Gaining Early Awareness and Readiness for Undergraduate Programs), a federal program which provides grants to schools to help increase the number of low-income students who are prepared to enter and have success in postsecondary education, exists for students like Alejandra Prado. Guerra, as she does with all students. saw a potential gem in the broken girl from California. "We really tried to encourage her to participate in the tutoring program that GEAR UP offers after school and she slowly started opening herself up. I started to see a different Alejandra. She was a little bit more perky, more interested in school, and started making more friends," Guerra said. "Mrs. Guerra supported me and encouraged me to not give up," Prado said. "I related to her personal stories, sharing challenges, sacrifices, and growing up in a low-income, farm working family."

Prado began meeting once or twice a week with the GEAR UP and the intervention program at Eastmont. But her participation in school became sporadic. "As the year progressed, then we started to see a roller coaster effect," Guerra said. By mid-second semester, Prado was failing four classes. Her English teacher Jennifer Robichaux challenged all the students in her class to do something they normally wouldn't



do, and proposed that Prado receive 10 hours of tutoring for the rest of the school year. Prado again visited the GEAR UP office and talked about her academic goals and situation at home. Both her parents work at Crunch Pack and money was becoming tight. Prado felt a familial obligation to help, longing to quit school in favor of work. "They were really struggling financially and it's really hard to focus in school when you have other personal needs to be met," said Guerra, adding that she continual tried to bring Alejandra back to the reality of the situation. "What are you doing for yourself? How can you help your Mom? Your Mom's doing the best she can to provide for the family to pay the bills."

Talking with Prado's mother Juana, Guerra found that she wanted her daughter to remain in school to have the educational opportunities she never had. Juana Prado hoped her little girl would continue education beyond high school and pursue her dream career of nursing.

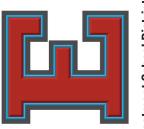


Soon, she enrolled in the Chewelah Peak HS Leadership Camp June 10-12 which 23 GEAR UP students from EHS attended. Once there, Guerra said Prado really blossomed. "I saw the real Alejandra come out," sand Guerra. She forged new friendships. She allowed her funny personality to shine. She sang for her fellow students. She expressed appreciation. "One thing she said is that she is really thankful that GEAR UP has pushed her one step above what she expects of herself and that has really helped her move forward," Guerra recalled. She talked to Prado about persistence. "I'm not apologizing for being pushy, because I'm not. I'm actually grateful that you took control of your situation. You took the guidance, the advice and you made the best of it."

When the pencils had been put away and the last paper was graded in June, Prado looked at her report card and saw all passing grades. "I couldn't believe I passed all my classes," she said. "Especially knowing I had several F's improved to C's. I was proud of myself to see the results of hard work. It pays off." "We have that motto that says -GEAR UP works. You can't give up on the students," Guerra said.



**Postal Custon** 



East Wenatchee, WA 98802 Eastmont School District 800 Eastmont Ave.

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Title IX / 28A.640 RCW Officer **ADA Coordinator** Vicki Trainor Eastmont School District 800 Eastmont Ave. East Wenatchee, WA 98802 509.884.7169

Section 504 Coordinator **Spencer Taylor** Eastmont School District 800 Eastmont Ave. East Wenatchee, WA 98802 509.884.7169

## Focus on **Athletics**

### Superintendent Message



Superintendent

We will welcome you to our 2015-16 school year, which gets underway on September 2. Over the last few weeks, our buses have been inspected, fueled, washed, and the bus routes finalized. Our campus' grounds have been challenged with a long hot summer that has resulted in the weeds thriving and everything else struggling. Classrooms have been busy with teachers preparing for the first day.

*Eastmont Schools* the first day. I invite parents to be as thoughtful and intentional as possible as you prepare and

support your student for academic success. Regardless of the age of the student, the recipe for making the most of school has some common ingredients:

- 1) Set attendance as a priority. Whether school, or work, being there is vitally important to long-term success.
- **2) Ensure self-care** in the form of good sleep, good nutrition, and time set aside for reading, studying, play, and other recreation.
- **3) Limit screen time** the American Academy of Pediatrics recommends children and teens should engage with entertainment media for no more than two hours per day and ensure there are no televisions, computers, or video games in children's bedrooms. This group continues to emphasize the importance of children spending time on outdoor play, reading, hobbies, and using their imaginations in free play.
- 4) If you live in busing area and do not use the school bus, I encourage you to have your student ride the bus. This will save your family gas money, reduce pollution, and helps reduce traffic and congestion around our schools.
- 5) **If you live in walking area, have your student walk to school** whenever possible. Walking is good exercise and researchers are also finding time outside helps reduce stress and improves general well-being.
- 6) Learn about STEM and STEAM. These two terms are common as employers communicate what they are seeking in future workers. Regardless of the job, individuals who have a general understanding of Science, Technology, Engineering, and Math (STEM), and as well as the Arts (STEAM), have more to offer than those with limited exposure to the knowledge and skills in these areas.

Maker Faires have also been in the news. A visit to one of these events combines STEM/STEAM knowledge with tools of all types. Both basic hand tools, common home garage power tools, as well as state of the art 3D printers and other complex tools.

As I write this, I reminded of one of the better decisions I ever made with my own children, which was to start to give them a few hand tools for birthdays and Christmas. At first, this was merely a way to try to keep my own tools from disappearing. Yet as recent as this summer, I observed the tool bags I had given a son and daughter in junior high school being used as they work on their own projects as young adults. I remember how proud my daughter was in high school to pull out her canvas tool bag to fix her bike, then skateboard, and eventually her own car while attending college. A new (old) term will be working its way into Eastmont Improvement Plans and that is Gold Collar Jobs. White collar and blue collar jobs are fairly common terms. Gold Collar Jobs are those career paths that require high competency with tools of all types as well as high level computer technology skills combined with strong problem solving abilities. These types of positions tend to be well paid and are highly sought after in many industries.

## Eastmont Mountain Bike Club

By Matthew Ockinga Staff writer

Plop, plop, plop, plop. Rest. Plop, plop, plop, plop. Rest. Plop, plop, plop, plop Rest. "I told Jared if he ever gets another flat tire, I'm ending his mountain bike career," jokes Warren Barnes, breaking the rhythmic pounding of the tampers against a berm of dark compacted soil in the remote silence of Squilchuck State Park to take a friendly jab at his younger brother's propensity for flats. "This'll get you good and tired," says Ian Paus, math and science teacher at Clovis Intermediate School.



Yes, these boys, along with Ian Paus Jr., are out in the relative wilderness packing dirt repeatedly with tampers and occasionally using McLeod double-sided rakes for some touchup work. No, they are not being punished. They're volunteering. Why? The Eastmont Mountain Bike Club (EMBC). "It's amazing how popular it's becoming," said Paus, club advisor. "I approached the principal about doing it as an after-school activity and my idea was originally to do the basic skills stuff and then once the kids have that down, they would go out and ride on their own."

Started by Paus last school year, the club now has 45 members on the roster and is gaining downhill acceleration faster than he could have ever imagined. Paus received approval from the Clovis ASB and the group began with nine mountain bikes and helmets purchased at a discount from Leavenworth bike shop Das Rad Haus thanks in part to a \$22,000 grant from Washington's Safe Routes to Schools program. But instead of after-school meetings, the club initially took place during the last thirty minutes of the school day. The Eastmont School Board also supported the fledgling club with a District grant. Recently, the club has joined the Washington Student League, a cycling organization that holds competitions for students in grades 7-12. But club members don't just ride; they build. In order to train at a nearby location, students helped build a new quarter-mile technical trail into a steep hill near Sterling Middle School. The EMBC has also built trails at Sage Hills and U.S. Forest Service land at Echo Ridge above Lake Chelan. The Squilchuck project is a joint effort between the Eastmont club and the Evergreen Mountain Bike Alliance (EMBA) in cooperation with Washington State Parks. An endeavor started in May, 2014, the project will be open to both the club and the general public when it is finished. "Those kids worked their tails off," said Travis Hornby, Vice President of the Central Washington Chapter of the EMBA. "A lot of them don't get to dig in the dirt and create something. And they have pride in what they're doing." The work at Squilchuck includes both the 1<sup>1</sup>/<sub>2</sub> mile single track Vulture Gulch Trail and a skills park. A section of that park has been dubbed "Ian's Classroom" and exists for riders to learn and hone their mountain bike skills. With the berms the continued on Pg 3

I wish all of you a safe and enjoyable school year and look forward to serving the children of Eastmont for the 2015-16 school year.

Sincerely,

Garn Christensen

Garn Christensen Superintendent

### Focus on **Summer**



students are building, they can practice maneuvering around corners and maintaining control of their bikes without pedaling. A rock garden has been added to perfect navigating rougher terrain. Another section features rollers, logs laid into the dirt to simulate roots and other small objects. Skinnies, flat boards that stand a foot off the ground, exist for practicing balance.

Paus explained that the most popular area is the section of three dirt jumps toward the western end of the skills park. As riders round the corner clockwise to face the downhill, the difficulty level of the four sections of the table-top jumps increases from right to left. "You can kinda choose your own adventure - how long a ride you want to do," Paus said. "The benefit of these shorter trails is the kids ride it and get to know it a bit so they can predict when the corners are coming up; or when they're an obstacle coming and attack with different amounts of speed."

Paus operates his club with a "work hard, play hard" mentality. After putting in the proverbial blood, sweat and tears, students can enjoy the fruits of their labors. "Hey, bring your bikes too. We'll work for a little bit and make sure we get out for a ride," Paus tells the club members. "They get a little bit of both."



Competitions will not resume until next spring, but the club had a few August rides on the calendar. Paus credits the parents of club members for assisting in the logistically challenging process of transporting the bikes during the season.

As the work in the skills park continues, the conversation returns to the cyclist's bane: flat tires. "I have a sneaking suspicion that I have a slow leak in my front tire," Warren Barnes said, using conversation to ease the work until it's time to ride. "I think it may or may not have been because I took a shortcut." But once the flats are fixed and the trail is ready, it's "ride on" for the Barnes brothers and an exciting club that is picking up speed.

### From the Desk of the Director of Special Education Greatness continues to grow in support of our

Greatness continues to grow many first children with developmental disabiliteis. The Eastmont and Wenatchee Parent Counsels continues to develop independently and collectively as we work together in teams. Our goal is to sustain, engage, and empower parents who have children with disabilities through multiple channels of communication and resources. Our extensive work with consultant Greg Able of Sound Options has paid off and we are ready to present

## SPECIAL EDUCATION

## If you are concerned about your school age child's development:

First, talk to your child's classroom teacher about your concerns. Every school has a process in place to provide help when there are concerns about student learning. You may also talk to the counselor, psychologist, or administrator from your school.

our first series of parent training and information sessions. Our first parent event will be held in partnership with Scott Raub, Special Education Parent Liaison for the Office of the Superintendent of Public Instruction (OSPI) on Wednesday September 30th from 6:00-7:30. If you have an interest in learning more about the Easmont Special Education Parent Counsel please contact me at prestonn@eastmont206. org. The venue has yet to be determined. Please watch for more information in your school newsletter. Nicole S. Preston Director of Special Education

One outcome of that process might be a referral for a special education assessment, for which your written permission is required. When that assessment is finished you will be invited to a meeting at the school to discuss the results, consider your child's eligibility for special education services and if eligible, help plan for your child's Individualized Education Program.

If you have concerns about a child who is not yet in school, please call the Eastmont Special Education Office at (509) 844-8333.

## Focus on Transportation

## 2015-2016 Morning Bus Runs

Printed on the next two pages are the Eastmont School District morning pick-up times and locations. Locate the school your child is attending (see CODE to the right). Find the bus stop that is nearest to your home. It is the assigned stop where your child will be picked up and dropped off.

School bus stop information can also be retrieved from the district web site at www.eastmont206.org. Click on Transportation. Type in "guest" for both the name and password. Follow the three steps:

- 1. Select your grade level.
- 2. Put in your street address.
- 3. Find transportation info.

### CAS

Route:6A2 ORANGE CAT 7:35 am Sunset Hwy @ Blue Grade Rd 7:41 am Sr-2/97 @ BJ's Parking lot 7:41 am 13250 US 2/97 Hwy 7:44 am 13456 Sr-2/97 7:45 am Sr-2/97 @ PULL OFF @ Longview Rd 7:46 am Sr-2/97 @ Willwood Dr 7:48 am Sr-2/97 @ Longview Wide Spot 7:53 am 13141 2/97 Hwy 7:56 am 5009 NW Cascade Ave 7:59 am NW Cascade Ave @ Cascade Ln 8:01 am 4200 NW Cascade Ave 8:02 am NW Cascade Ave @ 39th St NW 8:03 am Blue Rock Dr NE @ NE Blueridge Dr 8:04 am Blue Rock Dr NE @ 40th Cir NE 8:05 am 4047 Blue Rock Dr NE 8:06 am 4083 Bluerock Dr NE 8:07 am 4054 Bluecrest Dr 8:08 am 4041 Bluecrest Dr 8:09 am 3900 SR-2/97 (Sunset Hwy) 8:15 am Casacde Elementary School

Route:13A2BLUE BIRD7:47 am Fancher Hts @ Bellanca7:51 am Fancher Heights Blvd @ Aviation Dr7:52 am 2561 Aviation Dr7:54 am 2519 Aviation Dr7:56 am Aviation Dr @ Fancher Field Rd7:57 am Fancher Field Rd @ Pratt Ct7:59 am Fancher Field Rd @ Veedol Dr8:03 am Plateau Dr @ Highland View Dr8:17 am Casacde Elementary School

Route:34A2GRAY ELEPHANT7:46 am Eastmont Ave @ 19th St NE7:52 am 2306 Herndon Dr7:55 am 2384 Herndon Dr7:57 am Fancher Heights Blvd @ Twin Peaks Vw8:00 am Fancher Heights Blvd @ Grand Ave8:02 am Fancher Heights Blvd @ Inglewood Dr8:07 am Eastmont Ave @ Valley View Blvd8:16 am Casacde Elementary School

### CAS/LEE

Route:4A2GREEN DUCK7:42 am Canyon Hills Dr @ Canyon Ct

**EHS: Eastmont High School** 

### EJHS: Eastmont Junior High School CPIS: Clovis Point

Intermediate School

SIS: Sterling Middle School

### CAS: Cascade Elementary School

**NOTE:** Due to funding changes, Choice Students and students within one (1) mile of school are not assigned to a bus. Please call Transportation at 884-4621 with any questions.

7:56 am 35th St NW @ Alfred Pl 7:57 am 5 33rd St NW 7:59 am 3535 NW Cascade Ave 8:02 am 2950 Sunset Hwy 8:04 am 2410 Sunset Hwy 8:06 am Casacde Elementary School 8:17 am Robert E Lee Elementary

Route:28A2 **RED CHICKEN** 7:41 am Fastmont Ave @ 7th St NF 7:42 am 1033 Eastmont Ave 7:46 am 9th St NE @ N Devon Ave 7:48 am 337 7th St NE 7:50 am Eastmont Ave @ Rolfs Ct 7:51 am 450 6th St NE 7:52 am 6th St NE @ Darwood Ave 7:53 am 245 5th St NE 7:54 am N Baker Ave @ Standerfer St 7:55 am 815 N Baker Ave 8:00 am 1800 Sunset Hwy 8:02 am Sunset Hwy @ 16th Ct NW 8:04 am Robert E Lee Elementary School 8:12 am Casacde Elementary School

Route:38A2 **BROWN DEER** 7:45 am 2721 Sunset Hwy 7:46 am Sunset Hwy @ Mcelmurry Ln NE 7:48 am 7 Lindwood St NE 7:50 am 18 Glendale St NE 7:51 am Sunset Hwy @ 35th St NE 7:53 am 204 Goldcrest St 7:54 am 317 Goldcrest St 7:56 am 3310 NW Empire Ave 7:58 am NW Empire Ave @ 30th St NW 8:00 am 342 27th St NW 8:03 am NW Columbia Ave @ 23rd St NW 8:04 am NW Columbia Ave @ Wilshire St NW 8:05 am 202 NW Wilshire St 8:09 am Casacde Elementary School 8:17 am Robert E Lee Elementary School

### LEE

Route:11A2 PINK STARFISH 7:56 am Briarwood Ter @ Hannah Way 7:58 am Briarwood Ter @ N Grover Ave 7:58 am N Grover Ave @ Clarissa Ln 7:59 am N Grover Ave @ France St NE 8:00 am N Grover Ave @ 13th St NE 8:01 am N Grover Ave @ 12th St NE 8:02 am N Grover Ave @ 11th St NE 8:03 am N Grover Ave @ Amy Ct 8:04 am 10th St NE @ N Iowa Ave 8:05 am 1146 Harrison Ct 8:06 am 10th St NF @ N Gale Ave 8:07 am 10th St NE @ N Fairmont Ave 8:08 am 395 9th St NE 8:15 am Robert E Lee Elementary School

### KENROY/GRANT

**RED SQUIRREL** Route:24A2 7:42 am 105 N Perry Ave 7:42 am 320 N Perry Ave 7:50 am N Nile Ave @ 3rd St NE 7:51 am N Nile Ave @ 4th St NE 7:52 am N Nile Ave @ 5th St NE 7:54 am 10th St NE @ NE Olympic Dr 7:56 am 825 N Stark Ave 7:56 am 3000 8th St NE 7:57 am 2665 8th St NE 7:59 am 8th St NE @ Nester Ct 7:59 am 8th St NE @ Mount Joy Sq 8:00 am 8th St NE @ Melbourne Ct 8:05 am Ulysses S Grant Elementary School 8:11 am Kenroy Elementary School 8:17 am Ulysses S Grant Elementary School

Route:27A2PINK SWAN7:44 am 291 3rd St NE<br/>(Back Gate to Grace house)7:46 am Eastmont Ave @ 4th St NE7:46 am 176 Eastmont Ave7:49 am S Iowa Ave @ Jupiter St SE7:51 am Highline Dr @ Rowan St7:51 am Highline Dr @ Rimrock Way7:51 am Highline Dr @ Leslie Way

7:51 am Highline Dr @ Leslie Way 7:52 am Highline Dr @ Elva Way SE 7:53 am Highline Dr @ Pace Dr 7:55 am 199 1st St SE 7:56 am 206 2nd St SE 7:59 am Rock Island Rd @ Eller St SE 8:00 am Rock Island Rd @ Leslie Way 8:01 am 900 Rock Island Rd 8:02 am 1320 Rock Island Rd 8:08 am Ulysses S Grant Elementary School 8:16 am Kenroy Parking Lot

### KENROY/GRANT/STERLING

Route:17A2BROWN DOG7:47 am Eastmont Ave @ Rolfs Ct7:48 am Eastmont Ave @ 7th St NE7:48 am 485 7th St NE7:49 am 337 7th St NE7:50 am 6th St NE @ Darwood Ave7:52 am 450 6th St NE7:53 am 245 5th St NE7:55 am N Baker Ave @ Standerfer St7:56 am 815 N Baker Ave7:58 am 10th St NE @ N Fairmont Ave8:02 am Kenroy Elementary School8:07 am Sterling Elementary School8:16 am Ulysses S Grant Elementary School

### ROCK ISLAND

Route:25A2GREEN TURTLE7:51 am Rock Island Rd @ Mackenzie Ln7:51 am Rock Island Rd @ S Mary Ave7:53 am Rock Island Rd @ S Majestic Dr7:54 am Rock Island Rd @ S Nile Ave7:57 am S Perry Ave @ Gracie Ln7:59 am Sr-28 @ S Union Ave7:59 am Sr-28 @ S Tyee Ave8:02 am Rock Island Rd @ S Perry Ave8:03 am Rock Island Rd @ S Perry Ave8:03 am Rock Island Rd @ S Perry Ave8:03 am Rock Island Rd @ S Perry Ave8:13 am Rock Island Elementary School

8:16 am 5501 Riverside Dr 8:19 am Rock Island Elementary School

### **CPIS**

Route:27A1 6:55 am S Lyle Ave @ 6th St SE 6:57 am 401 S Kentucky Ave 7:02 am N Lyle @ Grant Rd 7:04 am N Lyle Ave @ Glen St NE 7:05 am N Lyle Ave @ 5th St NE 7:11 am Eastmont High School 7:19 am Eastmont Junior High School 7:29 am N Lyle Ave @ 5th St NE 7:31 am N Lyle Ave @ 3rd St NE 7:32 am N Lyle Ave @ Manhattan Dr 7:33 am N Lyle @ Grant Rd 7:38 am Clovis Point Intermediate School

Route:37A1 6:51 am 5 N Stark Ave 6:54 am 5th St NE @ N Quincy Ave 6:56 am 320 N Perry Ave 6:57 am 98 N Perry Ave 6:59 am N Nile Ave @ 1st St NE 6:59 am N Nile Ave @ 3rd St NE 7:00 am N Nile Ave @ 4th St NE 7:01 am N Nile Ave @ 5th St NE 7:03 am 529 N Nile Ave 7:05 am 2665 8th St NE 7:07 am 991 N Stark Ave 7:07 am 4040 10th St NE 7:08 am 2620 10th St NE 7:08 am 10th St NE @ N Nile Ave 7:10 am 2285 8th St NE 7:11 am 8th St NE @ Mount Joy Sq 7:18 am Eastmont Junior High School 7:26 am Eastmont High School 7:32 am 8th St NE @ Mount Joy Sq 7:34 am N Nile Ave @ 5th St NE 7:35 am N Nile Ave @ 4th St NE 7:36 am N Nile Ave @ 3rd St NE 7:37 am N Nile Ave @ 1st St NE 7:43 am Clovis Point Intermediate School

### **CPIS/KENROY**

Route:16A1 7:08 am 450 6th St NE 7:10 am 245 5th St NE 7:12 am 291 3rd St NE (Back Gate to Grace house) 7:13 am 176 Eastmont Ave 7:15 am 665 3rd St NE 7:16 am Eastmont Ave @ Rolfs Ct 7:18 am 712 N Baker Ave 7:22 am 337 7th St NE 7:24 am 10th St NE @ N Grover Ave 7:25 am N Jennifer Ln @ Easthills Ter 7:29 am Kenroy Elementary School 7:34 am N Iowa Ave @ 1st St NE 7:40 am Clovis Point Intermediate School

### EHS/EJHS/CPIS

Route:2A1 6:31 am Batterman Rd @ Woodstone Ln 6:32 am 5891 Battermann Rd 6:33 am 4th St SE @ Woodridge Ave 6:34 am 5357 4th St SE 6:36 am 570 Webb Ave 6:37 am S Webb Ave @ 8th St SE 6:39 am 8th St SE @ S Witte Ave 6:43 am 4900 4th St SE 6:45 am S Ward Ave @ 8th St SE 6:49 am 151 S Ward St 6:51 am 4040 10th St NE Mailboxes 6:52 am 224 S Van Well Ave 6:53 am 600 S Van Well Ave 6:54 am 8th St SE @ S Van Well Ave 6:56 am 3855 10th St SE 6:58 am 3000 8th St SE 6:59 am 2755 8th St SE 7:00 am 2720 8th St SE 7:00 am 2605 8th St SE 7:03 am 2889 6th St SE 7:04 am 2910 6th St SE 7:05 am 3122 6th St SE 7:07 am 3111 4th St SE 7:10 am S Nile Ave @ 2nd St SE 7:12 am Grant Rd @ S Stark Ave 7:15 am 2nd St SE @ S Texas Ave 7:16 am 2nd St SE @ S Stark Ave

7:43 am Canyon Hills Dr @ Wheatridge Dr 7:45 am Canyon Hills Dr @ Prairie Dr 7:47 am Canyon Hills Dr @ Combine St 7:50 am 2354 Spring Wheat Rd 7:51 am Spring Wheat Rd @ Semolina Loop 7:53 am Wheatridge Dr @ Harvester Loop 7:57 am 1256 Wheatridge Dr 7:58 am Wheatridge Dr @ Deer Run Dr 8:05 am Casacde Elementary School 8:17 am Robert E Lee Elementary School

Route:5A2PURPLE OCTOPUS7:41 am 19th St NW @ NW Bates Ave7:43 am 2017 NW Cascade Ave7:46 am NW Cascade Ave@ Broadmoor St NW7:47 am NW Cascade Ave @ NW Wilshire St7:48 am NW Cascade Ave @ Lloyd PI NW7:49 am NW Cascade Ave @ 26th St NW7:51 am NW Cascade Ave @ 29th St NW7:52 am NW Cascade Ave @ 31st St NW7:54 am NW Cascade Ave @ 33rd St NW7:55 am 35th St NW @ Ashwood Dr

### KENROY

Route:31A2BLUE WHALE7:47 am N Mary Ave @ 1st St NE7:49 am 3rd St NE @ N Nevada Ave7:50 am 3rd St NE @ N Newton Ave7:52 am S Mary Ave @ S Meadowbrook Ln7:54 am S Mary Ave @ Bluegrass Ave7:57 am 6th St SE @ S Lawler Ave7:58 am 6th St SE @ S Lyle Ave7:59 am 6th St SE @ S Lyle Ave7:59 am 6th St SE @ S Lyle Ave8:05 am 8th St SE @ S Kentucky Ave8:15 am Kenroy Elementary School

Route:32A2 PURPLE BUTTERFLY 7:35 am 6th St SE @ S Lawler Ave 7:41 am 2820 Grant Rd 7:41 am 3010 Grant Rd 7:44 am 3555 Grant Rd 7:45 am 3115 Airway St SE 7:46 am Airway St SÉ @ S Roland Ave 7:48 am 2844 2nd St SE 7:50 am 2520 2nd St Se 7:52 am 3111 4th St SE 7:55 am 3806 10th St SE 7:57 am 650 S Van Well Ave 8:00 am 4990 4th St SE 8:00 am 5371 4th St SE 8:01 am 5555 4th St SE 8:01 am 5820 Batterman Rd 8:02 am 5891 Battermann Rd 8:02 am Batterman Rd @ Woodstone Ln 8:12 am Rock Island Rd @ SE Vantage Dr 8:13 am Rock Island Rd @ Pear Ln 8:15 am 1621 Riverside Dr 8:16 am 5380 Riverside Dr

### www.eastmont206.org

## Focus on Transportation

ELCOME

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7:16 am 2nd St SE @ S Roland Ave 7:19 am 2621 2nd St SE 7:27 am Eastmont Junior High School 7:35 am Eastmont High School 7:42 am Clovis Point Intermediate School

### Route:20A1

6:59 am 2500 Sr-28 7:05 am S Perry Ave @ Gracie Ln 7:06 am Akamai Way @ Aspen Shores Dr 7:08 am Sr-28 @ S Tyee Ave 7:09 am 3440 Rock Island Rd 7:10 am Rock Island Rd @ S Union Ave 7:12 am Rock Island Rd @ S Quincy Ave 7:25 am Eastmont Junior High School 7:33 am Eastmont High School 7:41 am Clovis Point Intermediate School

#### Route:21A1

7:01 am Sr-28 @ Hurst Landing Rd 7:04 am Rock Island Dr @ Baker Ave 7:08 am Rock Island Dr @ Saunders Ave 7:10 am Douglas St @ 2nd St SW 7:13 am 5710 Riverside Dr 7:13 am 5600 Riverside Dr 7:14 am 5276 Riverside Dr 7:30 am Eastmont Junior High School 7:37 am Eastmont High School 7:45 am Clovis Point Intermediate School

#### Route:23A1

6:42 am 2nd St SW @ Hanna Ave 6:46 am Rock Island Rd @ Center St 6:48 am Penn Ave @ Demar Pl 6:49 am Penn Ave @ Hockett Ln 6:51 am 1580 Ohio St 6:52 am Rock Island Rd @ Riverside Dr 6:53 am Rock Island Rd @ Pear Ln 6:55 am Rock Island Rd @ SE Vantage Dr 7:09 am Eastmont Junior High School 7:15 am Eastmont High School 7:22 am Clovis Point Intermediate School

### Route:24A1

6:59 am Rock Island Rd @ S Perry Ave 7:00 am Rock Island Rd @ S Nile Ave 7:01 am 2370 Rock Island Rd 7:02 am Rock Island Rd @ S Majestic Dr 7:03 am Rock Island Rd @ S Mary Ave 7:04 am Rock Island Rd @ S Marna Ln 7:07 am 1406 Rock Island Rd 7:07 am 926 Rock Island Rd 7:08 am 900 Rock Island Rd 7:09 am Rock Island Rd @ Leslie Way 7:10 am Rock Island Rd @ Eller St SE 7:11 am Rock Island Rd @ 2nd St SE 7:13 am 199 1st St SE 7:15 am 472 1st St SE 7:21 am Eastmont Junior High School 7:28 am Eastmont High School 7:36 am Clovis Point Intermediate School

### Route:25A1

6:51 am Grant Rd @ S Mandolin Ave 6:53 am S Mary Ave @ S Meadowbrook Ln 6:54 am S Mary Ave @ Bluegrass Ave 6:59 am 6th St SE @ S Mary Ave 7:02 am 2350 8th St SE 7:02 am 8th St SE @ Navajo Ln 7:04 am 8th St SE @ S Kentucky Ave 7:06 am 4th St SE @ S Jarvis Ave 7:08 am S Iowa Ave @ Carolyn St SE 7:09 am S Iowa Ave @ Jupiter St SE 7:11 am Highline Dr @ Rowan St 7:01 am S Houston Ave @ 2nd PI SE
7:07 am Highline Dr @ Pace Dr
7:10 am S June Ave @ 1st St SE
7:13 am Ulysses S Grant Elementary School
7:19 am Clovis Point Intermediate School
7:25 am S Kentucky Ave @ 3rd St SE
7:28 am N Kentucky Ave @ N Linden Ln
7:31 am Eastmont High School
7:40 am Eastmont Junior High School

### EHS/EJHS/SIS/CAS

- Route: 40A1 Badger 6:32 am 11787 Badger Mountain Rd 6:41 am Badger Mountain Rd @ Lower Wild Turkey Rd 6:44 am Badger Mountain Rd @ Wild Turkey Rd 6:45 am Warming hut 6:45 am Badger Mountain Rd @ Grand Valley Rd 6:47 am Badger Mountain Rd @ Turn Around 6:56 am 14600 Badger Mountain Rd 7:01 am Badger Mountain Rd @ Rd U SW 7:05 am 10609 Badger Mountain Rd 7:26 am Eastmont Junior High School 7:31 am Eastmont High School 7:35 am Sterling Middle School 8:05 am Casacde Elementary School
- EHS/EJHS/SIS

Route:4A1 7:00 am 19th St NW @ NW Bates Ave 7:02 am 2017 NW Cascade Ave 7:06 am NW Cascade Ave @ Robin Pl NW 7:08 am 29th St NW @ Cascade Ridge 7:13 am Sunset Hwy @ 16th Ct NW 7:20 am Eastmont Junior High School 7:27 am Eastmont High School 7:32 am Sterling Middle School

### Route:5A1

6:52 am NW Cascade Ave @ Bellevue St NW 6:53 am 202 NW Wilshire St 6:55 am NW Columbia Ave @ 23rd St NW 6:56 am NW Columbia Ave @ Edgewater Loop 6:58 am 392 27th St NW 6:59 am NW Empire Ave @ 29th St NW 7:00 am NW Empire Ave @ 30th St NW 7:01 am NW Empire Ave @ 32nd St NW 7:03 am NW Empire Ave @ 34th St NW 7:04 am 317 Goldcrest St 7:05 am 204 Goldcrest St 7:06 am 35th St NW @ Ashwood Dr 7:07 am 35th St NW @ Alfred PI 7:10 am 2410 Sunset Hwy 7:12 am 1800 Sunset Hwy 7:21 am Eastmont Junior High School 7:29 am Eastmont High School 7:34 am Sterling Middle School

7:26 am Eastmont High School 7:35 am Eastmont Junior High School 7:43 am Sterling Middle School

sch

### Route:11A1

7:08 am Fancher Hts @ Bellanca
7:11 am Fancher Heights Blvd @ Aviation Dr
7:12 am 2561 Aviation Dr
7:13 am 2519 Aviation Dr
7:15 am Aviation Dr @ Fancher Field Rd
7:17 am Fancher Field Rd @ Veedol Dr
7:19 am 2521 Fancher Field Rd
7:20 am Badger Mountain Rd @ Plateau Dr
7:29 am Eastmont Junior High School
7:37 am Eastmont High School
7:45 am Sterling Middle School

### Route:13A1

6:58 am Badger Mountain Rd @ Ski View Dr
7:00 am Badger Mountain Rd @ Chucker Ln
7:02 am Canyon Hills Dr @ Canyon Ct
7:03 am Canyon Hills Dr @ Wheatridge Dr
7:06 am Canyon Hills Dr @ Prairie Dr
7:07 am Canyon Hills Dr @ Combine St
7:09 am Spring Wheat Rd @ Semolina Loop
7:10 am Wheatridge Dr @ Harvester Loop
7:13 am 1256 Wheatridge Dr
7:16 am Eastmont Ave @ Valley View Blvd
7:17 am Eastmont Ave @ King Pl
7:23 am Eastmont High School
7:36 am Sterling Middle School

### Route:17A1

7:02 am Eastmont Ave @ 19th St NE 7:03 am Eastmont Ave @ Valley View Blvd 7:07 am 606 Daniels Dr 7:09 am Briarwood Ter @ Hannah Way 7:13 am Briarwood Ter @ N Grover Ave 7:14 am N Grover Ave @ Clarissa Ln 7:15 am N Grover Ave @ France St NE 7:17 am N Grover Ave @ 13th St NE 7:22 am Eastmont Junior High School 7:28 am Eastmont High School

### 7:27 am Eastmont Junior High School 7:34 am Eastmont High School 7:40 am Sterling Middle School

### Route:34A1

6:59 am 1475 Sunset Hwy 7:04 am 6 Hadley St NE 7:05 am Sunset Hwy @ 26th Ct NE 7:06 am 2721 Sunset Hwy 7:07 am Sunset Hwy @ Mcelmurry Ln NE 7:08 am 19 31st St NE 7:10 am 7 Lindwood St NE 7:11 am 18 Glendale St NE 7:12 am 3219 Vine St NE 7:13 am Sunset Hwy @ 35th St NE 7:14 am 35th St NW @ Ashwood Dr 7:15 am 3417 NW Cascade Ave 7:16 am NW Cascade Ave @ 33rd St NW 7:17 am NW Cascade Ave @ 32nd St NW 7:18 am NW Cascade Ave @ 31st St NW 7:18 am NW Cascade Ave @ 29th St NW 7:28 am Eastmont Junior High School 7:35 am Eastmont High School 7:40 am Sterling Middle School

### Route:38A1

7:04 am 27th St NE @ Angel Ln 7:05 am 27th St NE @ N Baker Ave 7:06 am N Baker Ave @ 26th St NE 7:07 am N Baker Ave @ 25th St NE 7:09 am Cascade Es @ N Baker Ave 7:09 am N Baker Ave @ 23rd St NE 7:12 am N Baker Ave @ 21st St NE 7:14 am N Baker Ave @ Autumn Dr 7:20 am Eastmont Junior High School 7:27 am Eastmont High School 7:35 am Sterling Middle School

Route:41A1 6:23 am 1247 Grant Rd 6:25 am 665 3rd ST NE 6:40 am 13028 Sr-2/97 6:43 am 13250 SR 2/97 6:46 am 13456 Sr-2/97 6:49 am 13609 SR-2/97

7:12 am Highline Dr @ Raymond Rd 7:13 am HalfWay in between Elva & Eller 7:21 am Eastmont Junior High School 7:30 am Eastmont High School 7:38 am Clovis Point Intermediate School

### SIS

#### Route:30A1

6:57 am 11th St NE @ N Devon Ave 7:03 am N Baker Ave @ 13th St NE 7:06 am 1446 N Baker Ave 7:12 am Eastmont Junior High School 7:21 am Eastmont High School 7:30 am 11th St NE @ N Devon Ave 7:35 am N Baker Ave @ 13th St NE 7:38 am 1446 N Baker Ave 7:45 am Sterling Middle School

### EHS/EJHS

Route:31A1 6:58 am S Iowa Ave @ 1st St SE Route:8A1 7:11 am 245 5th St NE 7:13 am N Baker Ave @ Standerfer St 7:18 am 9th St NE @ N Devon Ave 7:20 am 337 7th St NE 7:22 am 6th St NE @ Darwood Ave 7:22 am 450 6th St NE

### 7:37 am Sterling Middle School

### Route:28A1

7:10 am 2306 Herndon Dr 7:11 am 2384 Herndon Dr 7:13 am Fancher Heights Blvd @ Twin Peaks Vw 7:14 am Grand Ave @ Twin Peaks Vw 7:16 am Grand Ave @ Fancher Heights Blvd 7:17 am Fancher Heights Blvd @ Inglewood Dr 7:25 am Eastmont Junior High School 7:31 am Eastmont High School 7:36 am Sterling Middle School

Route:33A1 7:03 am 9th St NE @ N Devon Ave 7:03 am 395 9th St NE 7:04 am 1020 N Baker Ave 7:09 am 44 19th St NE 7:12 am NW Boston Ave @ 25th St NW 7:14 am 2319 NW Alan Ave 7:15 am 2212 Sunset Hwy 7:16 am 18th St NE @ N Anne Ave 7:21 am 17th St NE @ N Baker Ave 6:50 am 13609 SR-2/97 6:54 am Sr-2/97 @ Turtle Rock Rd 6:57 am 13141 2/97 Hwy 6:58 am 13083 SR-2/97 7:01 am 4840 NW Cascade Ave 7:02 am 4806 NW Cascade Ave 7:05 am 4200 NW Cascade Ave 7:07 am NW Cascade Ave @ Mccauley Ct 7:07 am NW Cascade Ave @ 39th St NW 7:09 am Blue Rock Dr NE @ NE Blueridge Dr 7:10 am Blue Rock Dr NE @ 40th Cir NE 7:12 am 4047 Blue Rock Dr NE 7:13 am 4063 Blue Rock Dr NE 7:14 am 4083 Bluerock Dr NE 7:15 am 4054 Bluecrest Dr 7:16 am Bluecrest Dr @ 40th Cir NE 7:18 am 3900 SR-2/97 (Sunset Hwy) 7:26 am 15th St NE @ N Devon Ave 7:31 am Fastmont Junior High School 7:39 am Eastmont High School 7:45 am Sterling Middle School

## EASTMONT FOOD SERVICE WELCOMES BACK STUDENTS

## FREE/REDUCED MEAL APPLICATIONS

All households are required to fill out a new application each year. Students receiving meal benefits last year must complete a new application for the new school year. Without a new application, students will continue to receive the same benefit only until October.

### TIPS FOR FILLING OUT THE APPLICATION:

- 1. Make sure all student information is complete including the student income section. Please indicate \$0 if there is no student income to report.
- 2. Make sure to provide all household members and their income.
- 3. Make sure to sign your application at the bottom.

Not following these tips may result in an incomplete application that will delay approval for your student. Applications that are not complete will be mailed back so that additional required information can be provided.

We work as fast as we can to get the applications approved, but please remember we have up to 10 days once your application is received. Once the application is processed, a letter is sent home that notifies the family of the approval or denial.

Students will need to pay full price for all meals while the application is being approved. Please make sure to send money with your student for meals or a sack lunch for them to eat until you have received notification of approval status.

|   | Meal prices for the 2015 - 2016 School Year       |
|---|---|
| 1 | BREAKFAST FULL PRICE Grades K - 12 \$1.50         |
|   | REDUCED PRICE BREAKFAST NO CHARGE                 |
|   | ELEMENTARY LUNCH FULL PRICE (Grades K – 4) \$2.25 |
|   | SECONDARY LUNCH FULL PRICE (Grades 5 – 12) \$2.50 |
|   | REDUCED PRICE LUNCH GRADES K-3 NO CHARGE          |
|   | REDUCED PRICE LUNCH GRADES 4 - 12 \$0.40          |
|   | MILK ONLY FOR ALL STUDENTS \$0.30                 |
|   |   |

### MYSCHOOLBUCKS.COM

PROVIDES A CONVENIENT AND SECURE ONLINE MEAL PAYMENT OPTION. INFORMATION ON CREATING AN ACCOUNT FOR YOUR STUDENT'S MEAL MANAGEMENT CAN BE FOUND AT WWW.EASTMONT206.0RG, THEN CLICK ON "FOOD SERVICE".

### EASTMONT FUTURE CHEF FINALISTS

Last March, Eastmont Elementary students competed in the 3rd annual Future Chef's contest. Students were asked to submit their favorite snack recipe. Recipes were evaluated for originality, ease of preparation, and taste. Bonus points were given for recipes that contained certain ingredients.

The following students competed in the finals: *Miya Davelaar* from Kenroy Elementary, *Kaitlyn Burnell* from Grant Elementary, *Israel Gamino* from Rock Island Elementary, *Alex Hampton* from Grant Elementary, *Olivia Smith* from Lee Elementary, *Orion Martinez-Williams* from Grant Elementary, *Carter Andre-Van Lith* from Cascade Elementary, and *Jacob Tate* from Cascade Elementary.

These students took over the Sterling K-7 Kitchen and prepared their best snacks to present to a panel of judges. All spectators at the event also sampled the student's snacks. The winner was *Alexis Eden* from Sterling K-7 School. Alexis presented Peanut Butter Granola Apple Rings.

Information for the 2016 contest will be available in December. This year's category: **Healthy Breakfast Challenge!** Students start preparing those master pieces now!

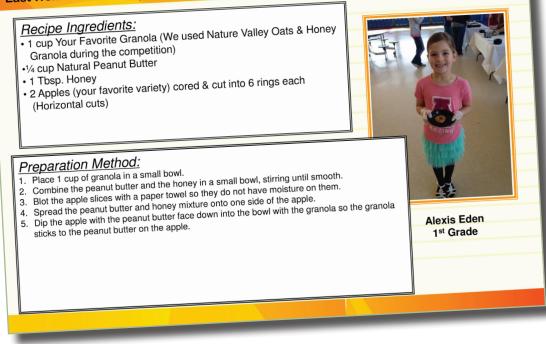
Peanut Butter Granola Apple Rings Eastmont School District East Wenatchee, Washington

### COMMUNITY ELIGIBILITY PROVISION *in Rock Island*

Eastmont School District is committed to an increased emphasis on nutrition as well as physical activity at all grade levels to enhance the well-being of our district's youth. In support of this emphasis, we will be piloting a new school meal program at Rock Island Elementary School that will offer breakfast and lunch to all students, every day, at no charge.

The program is called the Community Eligibility Provision (CEP) and is part of the Health Hunger Free Kids act passed by Congress in 2010. Congress passed the Community Eligibility Provision (CEP) as a part of the Healthy Hunger-Free Kids Act in 2010. The CEP benefits include:

• No need for meal applications, which means no waiting for application approval



- before students can eat.
- All students are able to eat a nutritious breakfast and lunch each day.
- Quicker serving lines, so kids have more time to slow down and eat.
- No need to contact families with low or negative meal account balances.

The only paperwork that will be required is a special form that families at this school will receive at the start of the school year that will gather the data needed to maintain state and federal funding levels as a school and as a district. Eastmont School District is excited to pilot this program at Rock Island Elementary School and looking forward to potentially expanding this program to other schools in the future.

## Focus on **SafeSchools**

### SAFESCHOOLS ALERT

Dear Parents and Students,

Safety is one of our district's top priorities and to help safeguard our school community, we've taken an important step that I want to share

We will continue using SafeSchools Alert, a tip reporting service with you. that allows students, staff, and parents to submit safety concerns to our administration four different ways:

1-855-4ALERT1, ext. 1069 Text #1069 @tip + your tip to ALERT1 (253781) Phone: 1. Text: 2. 1060@alert1 us

| Email:           | 1005@0000000          |
|------------------|-----------------------|
| Web <sup>.</sup> | http://1069.alert1.us |
|                  | Email:<br>Web:        |

You and your child can easily report tips on bullying, harassment, drugs, vandalism or any safety issue you're concerned about through SafeSchools Alert. When you submit a tip, be sure to use our district's identification code:

1069 in your communication. Every tip SafeSchools Alert receives about our district is immediately logged in the system and our administration is notified so that they can investigate and take appropriate action. And, tips may also be submitted

anonymously if you prefer. Together, using SafeSchools Alert, we can make our district a safer place

to work and learn! Thanks in advance for your support. If you have any questions, please contact Vicki Trainor, Executive

Director of Human Resources, 884-7169.

Sincerely,

Gann Christensen Garn Christensen Superintendent

### 2015-2016 REQUIRED ANNUAL NOTIFICATIONS

### Title I, Part A – Annual Parent Notification

Title I, Part A is a federal program that provides financial support to schools to help disadvantaged and low performing students so that all children meet challenging state academic standards. Eastmont follows the Schoolwide process giving our seven funded schools flexibility to serve all students who demonstrate a need for support.

### Parent Involvement

We know that family involvement in a child's education is a greater predictor of academic success than whether or not that family is affluent or poor. It is also evident that students whose families take an active interest in their school life are more likely to attend school regularly, pass their classes, enroll in higher-level programs, and go on to higher education or a technical career

School-Parent Compact: The Compact is an annual agreement between the parent, student, and school regarding the joint responsibilities in helping each student find success. These documents are completed each Fall during Parent Conferences. For more information, please visit: www.eastmont206.org.

District Parent Involvement Policy: This policy guides how our district will involve parents in the education of their students. This policy is reviewed each year with parents and updated as needed. If you would like to provide input into the revision of this policy, please contact the Special Programs office and/or be watching for information about a way to get involved. For more information, please visit: www.eastmont206.org.

### **Student Academic Achievement Reports**

Each year a school that receives Title I, Part A funds must provide parents with an individual student report informing them on their child's level of academic achievement on the State's assessment in at least reading, language arts, and math.

### District and School Report Card - How are we doing?

The District and School Report Card provides the following information on public schools and districts in Washington State: Student Achievement, Student Demographics, and Staff information. For more information, please visit: reportcard.ospi.k12.wa.us

### Parents Right to Know - Highly Qualified Staff

Parents of children in schools that receive Title I, Part A funding have the right to request and receive information about the professional qualifications of teachers and instructional paraprofessionals in their building. For more information, please visit: www.k12.wa.us/TitleI/FamilyInvolvement/default.aspx

### Have a Complaint that Needs to be Resolved?

Any individual or organization may file a signed, written complaint if it believes the state, a local school district, an educational service district, or other sub-grantee has violated one or more requirements of federal statutes or regulations or state regulations that apply to a federal program. For more information, please visit: http://www.k12.wa.us/TitleI/CitizenComplaint.aspx

**TUES-FRI** 



### SCHOOLS **ELEMENTARY**

MONDAYS

### **ANNUAL NOTIFICATION Eastmont Highly Capable Program**

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| Cascade              | 9:25 – 3:10 | 8:25 – 3:10 |
|----------------------|-------------|-------------|
| Grant                | 9:25 – 3:10 | 8:25 – 3:10 |
| Kenroy               | 9:25 – 3:10 | 8:25 – 3:10 |
| Lee                  | 9:25 – 3:10 | 8:25 – 3:10 |
| Rock Island          | 9:25 – 3:10 | 8:25 – 3:10 |
| Sterling             | 9:25 – 3:10 | 8:25 – 3:10 |
| Grades K-4th         |             |             |
| INTERMEDIATE         |             |             |
| Clovis Point         | 9:00 – 2:45 | 8:00 – 2:45 |
| Sterling             | 8:55 – 2:40 | 7:55 – 2:40 |
| Grades 5th – 7th     |             |             |
| JUNIOR HIGH          |             |             |
| Eastmont Junior High | 8:45 – 2:30 | 7:45 – 2:30 |
| HIGH SCHOOL          |             |             |
| Eastmont High School | 8:45 – 2:30 | 7:45 – 2:30 |
|                      |             |             |

Any person, (including a parent, guardian, teacher, or student) may nominate a student for Eastmont's Highly Capable Program. It provides students of high academic and intellectual ability an opportunity to explore concepts in greater depth and further develop their intellectual thinking and creativity. To participate in the Highly Capable Program, students must meet very rigorous criteria and be selected by their school's multidisciplinary team.

To make a nomination, complete the Highly Capable Program Nomination Form available at www.eastmont206.org or at your student's school. In order for a student to be considered for this program, nominations should be returned to the student's school by September 30 of the current school year.

## Focus on **Sports**

### 5 Questions With Coach Mike Don

# NEED PHOTO OF MIKE DON

- Q: Can you provide a short background? I recall from the intro meeting at the end of school that you're from Prosser originally. What years did you play, and where has your coaching career taken you?
- A: I played at Prosser from 1997-2000 graduated in 2001. Played at Central Washington University from 2001-2004. I was an assistant coach at Central Washington University in 2005, Ellensburg High School assistant in 2006, Prosser High School assistant in 2007, Woodinville High School Assistant 2008-2009, Lynnwood High School Head Coach in 2010-2011, Brewster High School Head Coach 2012 and Meadowdale High School Head Coach 2013-2014.
- Q: How long have you guys been back out on the field and how is the squad looking for this season?
- A: We started practice in early June and have gone to Wenatchee football camp in July. Our kids have also been involved in our strength and conditioning program all summer in preparation for the upcoming season. The kids look like they are getting better every day and that is all you can ask. Our coaching staff feels like we have good buy in and are excited for the upcoming season.



- Q: Is there a coach or a player in professional or college or even high school ball (now or in the past) that you'd say you pattern your coaching style after?
- A: I feel like I am a mixture of a lot of coaches but I have always tried to maintain my own personality. I have been very lucky to have worked with some great head football coaches in my past. My own high school football coaches was one of the all time greats in the history of this state and I was lucky to have the opportunity to learn from him. One thing I will always remember though was I was told from the beginning to not try and be someone else. I was told to coach to my personality or people would see through the fake. That is something I really try to maintain on a daily basis.
- Q: What is your philosophy (as a coach and an educator) about coaching football? How do you approach motivating your players?
- A: My philosophy is to out-compete everybody, every day, in every way. I feel like life itself is a competition and you have to make sure you are willing to outwork everyone else. If you are not working to be the best you can be then you are wasting your time and your talents. That is something I also try to emphasize with our athletes and coaches.
- Q: And finally, what are your goals for this season?
- A: Our goals for the season are to compete every day and get better. We want to be able to step on the field with anyone and to compete at a high level regardless of the opponent.



Understanding socially appropriate dress is fundamental to a student's future employment success. In support of the transition from child to young adult, and in recognition of growing gang related behaviors and dress, the following attire related rules are in place beginning August 2013.

| related rules are in place beginning August 2013. |  |   |     |       |     |                            |   |   |   |   |   |    |    |    |
|---|--|---|-----|-------|-----|----------------------------|---|---|---|---|---|----|----|----|
|   |  |   | A = | Allov | ved | N = Not Allowed            |   |   |   |   |   |    |    |    |
|   |  |   |     |       | G   | rade Level/Age Appropriate |   |   |   |   |   |    |    |    |
|   |  | Κ | 1   | 2     | 3   | 4                          | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 1.  | Long pants including jeans/khakis  | Α | Α   | А     | А   | Α                          | А | А | Α | Α | Α | Α  | Α  | Α  |
| 2.  | Skirts and shorts that extend to mid-thigh.  | А | А   | А     | Α   | А                          | А | А | Α | А | А | Α  | Α  | Α  |
| 3.  | Shirts with necklines no lower than a straight line between underarms  | А | А   | А     | А   | А                          | А | А | А | А | А | А  | А  | А  |
| 4.  | Sleeveless shirts with small armholes and shoulder straps a minimum width of 3 student fingers                       | А | А   | А     | А   | А                          | А | А | А | А | А | А  | А  | А  |
| 5.  | Shirts that display the midriff  | Ν | Ν   | Ν     | Ν   | Ν                          | Ν | Ν | Ν | Ν | Ν | Ν  | Ν  | Ν  |
| 6.  | Alcohol, drug, or weapon related words, art, or<br>symbols   | Ν | Ν   | Ν     | Ν   | Ν                          | Ν | Ν | Ν | Ν | Ν | Ν  | Ν  | Ν  |
| 7.  | Nonathletic shoes in PE/recess or barefoot   | Ν | Ν   | Ν     | Ν   | Ν                          | Ν | Ν | Ν | Ν | Ν | Ν  | Ν  | Ν  |
| 8.  | Gang affiliated clothing, piercing, tattoos, jewelry, and hair styles as recognized by law enforcement               | Ν | Ν   | Ν     | Ν   | Ν                          | Ν | Ν | Ν | Ν | Ν | Ν  | Ν  | Ν  |
| 9.  | Hats, sunglasses, or bandanas (other than with an order from a medical doctor) worn or displayed inside the building | N | N   | Ν     | Ν   | N                          | Ν | Ν | N | N | N | N  | N  | N  |
| 10.   | Mesh/sheer or clothing with large holes unless<br>approved clothing underneath                                       | Ν | Ν   | Ν     | Ν   | Ν                          | Ν | Ν | Ν | Ν | Ν | Ν  | Ν  | Ν  |
| 11.   | Pants worn below the top of the buttocks   | Ν | Ν   | Ν     | Ν   | Ν                          | Ν | Ν | Ν | Ν | Ν | Ν  | Ν  | Ν  |
| 12.   | Sleepwear/underwear worn in place of, or on-top of, regular clothing, and long duster/trench style coats             | Ν | Ν   | Ν     | Ν   | Ν                          | Ν | Ν | Ν | Ν | Ν | Ν  | Ν  | Ν  |
| 13.   | Violent, hate, or harassing related words, art, or symbols   | Ν | Ν   | Ν     | Ν   | Ν                          | Ν | Ν | Ν | Ν | Ν | Ν  | Ν  | Ν  |
| 14.   | Color dyed hair  | Α | Α   | А     | Α   | Α                          | А | Α | Α | Α | Α | А  | Α  | Α  |
| 15.   | Visible piercings other than earrings  | Α | Α   | Α     | Α   | Α                          | Α | Α | Α | Α | Α | Α  | Α  | Α  |



SCHOOL SUPPLY LISTS CAN BE FOUND ON THE DISTRICT WEBSITE UNDER "PARENTS/COMMUNITY"

| September   | М | Т | W | TH | F  |                         |
|-------------|---|---|---|----|----|-------------------------|
| 20          |   | 1 | 2 | 3  | 4  | 2-First Day of School   |
| School Days | 7 | 8 | 9 | 10 | 11 | 7-Labor Day (No School) |
|             |   |   |   |    |    |                         |



### 2015 Eastmont School District No. 206

800 Eastmont, East Wenatchee Dr. Garn Christensen, Superintendent Cindy Ulrich, Executive Director of Financial Services Vicki Trainor, Executive Director of Human Resources Spencer Taylor, Executive Director of Elementary Education Mark Marney, Executive Director of Secondary Education

### EASTMONT HIGH SCHOOL

884-6665 955 NE 3rd Street, East Wenatchee Lance Noell, Principal

#### EASTMONT JUNIOR HIGH SCHOOL 884-2407

905 NE 8th Street, East Wenatchee David Woods, Principal

#### STERLING ELEMENTARY & INTERMEDIATE SCHOOL 884-7115

600 N James, East Wenatchee Chris Hall, Principal

#### CLOVIS POINT INTERMEDIATE SCHOOL

888-1400 1855 SE 4th Street, East Wenatchee Bob Celebrezze, Principal

### CASCADE ELEMENTARY

SCHOOL 884-0523 2330 N Baker, East Wenatchee Kim Browning, Principal

### **GRANT ELEMENTARY**

SCHOOL 884-0557 600 N. James, East Wenatchee Amy Dorey, Principal

### KENROY ELEMENTARY

**SCHOOL 884-1443** 601 N. Jonathan

601 N. Jonathan, East Wenatchee Jon Abbott, Principal

#### LEE ELEMENTARY SCHOOL

884-1497 1455 N. Baker, East Wenatchee Mat Lyons, Principal

### ROCK ISLAND

ELEMENTARY SCHOOL 884-5023 5645 Rock Island Road, Rock Island 98850 Penny Brown, Principal

### SPECIAL EDUCATION

800 Eastmont, East Wenatchee Nicole Preston, Director

#### SPECIAL PROGRAMS 884-6852

800 Eastmont, East Wenatchee Mark Marney & Spencer Taylor FOOD SERVICE<sup>24</sup> <sup>25</sup> 884-3026 <sup>29</sup> <sup>30</sup> <sup>31</sup> 905 NE 8th Street, East Wenatchee Suzy Howard, Director

a. Jewelry and piercings must be removed to participate in PE/athletic activities if required by teacher/coach.

b. All new team, club, and activity uniforms must be consistent with Eastmont colors of red and Columbia blue, meet league standards, and be approved by the coach/advisor, athletic director, and principal.

c. Grades 6-12 PE uniforms are required and will transition to be common colors and logos throughout the District starting in 2012-13 with 6th grade and then moving up one grade each year. PE uniforms will consist of red shorts, grey t-shirt, and grey sweatpants. Logos are not required, although any uniforms sold in the District will have only an "Eastmont" logo. PE loaner uniforms will be provided if requested by a parent.

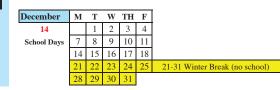
The dress code procedure will be reviewed with building staff on a yearly basis. If the student's dress or grooming is objectionable under these provisions, the principal will request the student to make appropriate corrections. If the student refuses, the principal will take appropriate corrective action including disciplinary action for a dress code violation. Principals may grant exceptions for occasional special events and activities.

Students who violate provisions of the dress code relating to extracurricular activities may be excluded from the extracurricular activity until proper attire is worn.



| October     | Μ  | Т  | W  | TH | F  |  |
|-------------|----|----|----|----|----|--|
| 21          |    |    |    | 1  | 2  |  |
| School Days | 5  | 6  | 7  | 8  | 9  | 9-Teacher Training/Aug Institute (No School) |
|             | 12 | 13 | 14 | 15 | 16 |  |
|             | 19 | 20 | 21 | 22 | 23 |  |
|             | 26 | 27 | 28 | 29 | 30 | 29-30 Parent Conferences* K-12 (No School)   |





### **TECHNOLOGY**

**884-6503** 345 6th \$trebt, £åst<sup>1</sup>₩dr<sup>4</sup>atchee **Doug Cl<sup>8</sup>y**,<sup>1</sup>Diræct∂r<sup>1</sup> <sup>22</sup>

### MAINTENANCE

884-6970 345 – 6th Street, East Wenatchee Seann Tanner, Director

#### TRANSPORTATION 884-4621

345 – 6th Street, East Wenatchee **Troy Lucas,** Director

